

Central Adoption Resource Authority केन्द्रीय दत्तक - ग्रहण संसाधन प्राधिकरण

CARA

(A Statutory Body of Ministry of Women & Child Development, Government of India) (भारत सरकार के महिला एवं बाल विकास मंत्रालय की सांविधिक निकाय)

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Subject: Online Psychological Assessment during the COVID Pandemic

To All Authorized Foreign Adoption Agencies (AFAAs)/Central Authorities/ Indian Diplomatic Missions (IDMS)

Dear AFAA/IDM/CA,

- 1. Kindly refer to Circular issued by CARA dated 11/5/2020 regarding Post Adoption Reports and Home Study Reports during the lockdown and social distancing measures in the prevailing COVID-19 pandemic.
- 2. In continuation of the same, this is to clarify that Psychological assessment is a compulsory document for registration of PAPs on CARINGS according to circular dated 9/5/2018, NO CARA-ICA012/3/2017.
- 3. Due to current COVID pandemic, it has been requested for online psychological assessments to be conducted through video-conferencing which has been considered, keeping in mind social distancing measures. However, at least one physical face to face meeting with the Psychologist in the clinical setting should have been done by the PAPs in order to continue to take their psychological assessments and tests online via videoconferencing only.
- 4. If there has been no physical meeting with the Psychologist in a clinical setting, the psychological evaluation or online assessment will not be accepted as part of the registration of the PAPs on CARINGS.

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